



NONVERBAL MEANS IN ENGLISH AND UZBEK LANGUAGES

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Annotation

In this article means of nonverbal communication in English and Uzbek languages were given with some examples. The aim of writing this article is improve the knowledge about without language communication. Besides that some advantage and disadvantages were given in order to be more understandable for readers.

Key words: Body language, eye contact, gestures, tone of voice, postures, facial expressions, Paralinguistics, Posture, Proxemics, Haptics, Artifacts

We usually communicate with people through words to express our feeling, opinions, about something. We know that without words it is not possible to imagine the world. Because any kind of thing is expressed by words but sometimes we show our feelings through nonverbal movements . It is clear for us communication is divided into two types verbal and nonverbal. Verbal and nonverbal communication plays an important role in how people interact with one another. People are using around 35% verbal communication and 65% nonverbal communication in daily life. Actually we always do not utilize verbal communication because circumstance requires nonverbal communication to supply comfortable connection .

Nonverbal communication is the nonlinguistic transmissions of information through visual, auditory, tactile, and kinesthetic channel. Overall, nonverbal communication is defined as the process of using wordless messages to generate meaning. The use of nonverbal communication can create a whole new meaning to a message. Sometimes it takes nonverbal communication to relay a message in order to communicate it in a more understanding way. Scientific research on nonverbal communication was started in 1872 with publication of Charles Darwin's book "Expression of the Emotions in Man and Woman".

Nonverbal communication can be used when presenting a PowerPoint, role plays and sign language. Besides that there are some appropriate features of



good nonverbal communication includes hand gestures, facial expression, bodily expressions, and posture and eye movement. Nonverbal communication can represent someone in a formal or informal manner. To present formal the person using the nonverbal communication could have a negative posture, limited uses of hand gesture and using certain facial expressions. for example : smiling, looking, the person in the eye.

There are some types of nonverbal communication followed by

Visual communication;	Proteomics or Distance;
Body language or Kinesics;	Chromatics or Time Language;
Gestures;	Communication through Action;
Posture;	Symbols;
Physical Appearance;	Audio communication;
Facial Expression;	Paralanguage;
Calling Bell;	Audio-Visual communication;
Ringling Bell;	Silent communication.

We can come across nearly different nonverbal communication and also ourselves use them. Such kind of examples are used usually everyday

Nodding of head means that To agree or to approve;

Shaking of index finger means that To issue warning;

Clapping means that Praising someone for his or her good performance;

Putting on the back means that To admire ;

Turning up the nose means that Disliking the dish or rejecting the opinion;

Gun shoot in the air means that Starting of any kind of race and also to pay

Showing up the thumb means that Wishing good luck

Flying kiss means that Expressing love for someone close to your heart.

There are some advantages and disadvantages of nonverbal communication

Advantages

Clear explanation;

Knowledge transfer to deaf and dumb person;

Exchange of feeling;

Time saving;

Aid to verbal communication;

For illiterate people. Difference in nonverbal cues across culture.

Disadvantages

Problem in feedback;

Lack of flexibility;

Incomplete communication;

Encoding and decoding problem;

Absence of permanent record;



We know that there are some advantages of nonverbal communication not only to contact with people but also it has extensive benefit to teach students.

Saves teacher time, breath, distress; Gives the teacher more flexibility;

Promote “flow” a calmer mood; Increase productivity;

Helps students feel safe and secure; More trust between students and teacher;

Students know what to expect; Increase teacher and students rapport.

However, nonverbal communication is not always to express ideas during speaking we can see some barriers and problems of nonverbal communication; For example, pointing one some parts of the world is fine, in others it is extremely offensive. And looking at people, in some countries can be seen a polite. In other parts of the world it is highly offensive and impolite. That’s why we should be carefully when to use nonverbal communication.

Reference.

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