



## **ANALYTICAL STUDY OF SOME DEFENSIVE AND OFFENSIVE SKILLS FOR MIDFIELDERS IN IMPLEMENTING THE TEAM'S TACTICAL PLANS FOR FOOTBALL**

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### **Abstract**

The importance of research in the researchers' attempt to study the defensive and offensive skills of the midfielders represented in implementing the tactical plans of the football team because of its great role in linking the defense to the attack and the passes of the attackers and support for defense, coverage and support. The team has this that the researcher decided to go into this research and know the reasons. The research aimed to identify the level of performance of some defensive and offensive skills for midfielders. As for the research methodology, it used the descriptive analytical approach, and for the achievement of the research goals, a special analysis form was prepared for the basic skills of the midfield players for the port club and Al -Zawra Club and the participant in the Class League 202112022, which was chosen in the intentional way (12) players, and by (3) matches each A team that has been analyzed, the data has been processed using the statistical bag (SPSS). The results were presented, analyzed and discussed, according to the five skills, namely (handling, rolling, scoring, cutting the ball, shaving) and through the mathematical circles, standard deviations and the percentage of success and failure to perform skills, the following conclusions were reached:

- 1- Not to master the basic skills of most of the players of the two teams, and this is an indication that the team's tactical plans are not implemented.
- 2- Performing performance for two skills (scoring- sliding) by the midfielders of the port and Zawra clubs.

In light of the results and conclusions, the researcher recommends the following:

- 1- Emphasizing the skill side through training and using small circles to increase repetitions and rapid connection.
- 2- Increase the move, receipt and rotation exercises and integrate them with the plans.



## **1 - Definition of Research:**

### **1-1 Introduction Research and importance:**

The interest in the sporting field that we see today with many countries of the world, where reaching the higher levels is certainly not come by chance, but is based on scientific foundations and its objective study and its dependence on different sciences and correct planning .And that this development is a reflection of the development of mathematical sciences on the training curricula and the increase in physical and skillful ability of athletes and the implementation of sports skills and in a coordinated and related manner to the plans that the coaches set up and the tactic is an art in itself and its primary goal is the best use of the skillful players 'capabilities in achieving sports achievement where the skill and physical specifications vary For the players, and this leads to different decisions and individual behaviors from one player and another according to his position and the current situation of the competitor. And the choice of the appropriate tactic in any decisive factors, and this is related to reading the opponent and knowing his strengths and weakness Mastering the basic principles of receipt, delivery and linking in the complex skill, and the introduction of the technique situation in the service of the team's tactic and depends on its employment at the level of mastery of the players for skill and levels of physical fitness and the efficiency degree of the physical and mental numbers of the player.

In football, there are three lines, each of which has its characteristics, divisions, and roles that players play. The midfield is one of the important and main lines in football, as it has a great role in linking the defense to the attack and the passes of the attackers and support for defense and coverage and chain of transmission and the overall plans are located, which are skillful performance, whether it is a defensive or an attack on its performance on the stadium, and from here came the importance of the research.

### **1-2 Research Problem:**

The coach and his philosophy in employing the players depend on the individual differences for each player and what the roles he performs and according to the game centers to show the sudden element with a special tactic, the player shows the skill of the midfielders of the defensive center needs to be covered quickly and swooping on the ball and the correct expectation and cutting the balls directed at



it in time as well as mastery of art Permanent, construction and delivery of balls, as the main tasks fall on the midfielders in controlling the rhythm of play and the match and classifies the midfielders and according to the way to play and the executing tactic may be a retreating midfielder and may be an advanced midfielder to support the offensive depth or be in the middle or on the parties and all of them perform the defense And the chain of attachment, coverage and attack. Through the knowledge and follow -up of the researcher of the Iraqi Electrical League for Football, there is a weakness in the skill level of the middle players in implementing the team's tactical duties, so the researcher decided to go into this research and know the reasons, hence the problem of the research.

### 1-3 Research Objectives:

- 1- Learn about the level of performance of some defensive and offensive skills for midfielders.
- 2- Learn about the skill performance in implementing the tactical plans for midfielders.

### 1-4 Research Fields:

**1-4-1 Human field:** The midfielders of Al -Mina Club and Al -Zawra Club

**1-4-2 Time field:** 15/11/2021 - 15 /5/2022.

**1-4-3 The spatial domain** Al -Fayhaa Stadium in the Sports City and Al -Zawra Club Stadium:.

**Keywords:** defensive and offensive skills ; tactical plans .

### 2-Research Approach and field procedures;

The curriculum "is that intellectual organization interfering in the scientific study, or it is the intellectual steps that the researcher takes to solve a specific problem (Nuri Ibrahim& Rafeh Saleh: 2004: 51). ( Adnan Awad: 2008: 18) Therefore, the researcher used the descriptive analytical approach to compliment the nature of the research problem.



## 2--1 Research Community and Sample:

The research sample is that part that represents the research community of origin or the model on which the researcher is taking place (Wajih Mahjoub & Ahmed Al-Badiri: 2002: 67)

The research sample was chosen in the intentional way on the midfield players of Al-Mina Club and Al-Zawra Club and the participant in the Premier League for the year 2021-2022 and the number of (12) players, and by (3) matches for each team that was analyzed

## 2-3 tools, devices and search means

The researcher used the following tools:-

- Arab and foreign sources
- International Information Network (Internet)
- Electronica account
- Display screen display
- Notes
- The match analysis form

## 2-4 field research procedures

### 2-4-1 Determine the basic skills

Due to the many basic defensive and offensive skills in order to limit the most important skills that will be studied and are clear in the analysis used, a questionnaire was presented to a group of experts, and their opinion appears to be appropriate for the research where the skills were chosen and as shown in Table (1)

basic skills	Repetition	Percent
Handling	10	%100
Rolling and reception (receipt and delivery)	9	%90
Dribbling	7	%70
Remove the ball	5	%50
Scoring	10	%100
Running with ball	6	% 60
Cut the ball	10	%100
Labia	8	% 80



### 2-4-2 Analysis form:

After the researcher informed a group of sources and research, a special analysis form was prepared for basic skills after some skills were raised from the form, as shown in an appendix (1).

### 2-5 The exploratory experience:

"It is a practical training for the researcher to determine the negatives and positives that it meets during the application of the tool to avoid it (Marwan Abdul Majeed: 14: 1999) so that the researcher conducted the exploratory experience by analyzing the Al -Mina Club match and the police club on 2/12/2021 and at Al - Faiha Stadium and it was aimed at it :

- 1- Standing on all the obstacles and negatives that the researcher can face with analysis.
- 2- Ensure the validity of the analysis form.
- 3- Choose the appropriate and appropriate place for analysis.

### 2-6 The method of analysis:

The researcher scored the matches and then presented them and with the help of the assistant team by analyzing the (3) matches for each club, all the search variables were identified and the midfielders were identified for the two teams and with the assistant team the work is to register in the analysis form and follow their defensive and offensive performance where the following method was approved by calculating the successful and failed performance For skills and as follows:

- 1- The skill of handling / is considered successful if it is played and received by the colleague and a failure in the event that the ball does not reach the colleague
- 2- The skill of rolling: It is considered successful, as the player rolled the ball for a certain distance without being cut off and failed if it is cut from it.
- 4- The skill of scoring: It is considered successful if the player scours within the framework of the goal and failed, if the ball went out of the field or hit one of the defense players.



## 2-7 The main experience:

The researcher conducted the main experiment on 5/1/2022 until 19/5/2022 by analyzing the matches that were held in Al -Faiha and Al -Zawara stadiums, and each club has (3) matches during this period.

## 2-8 Statistical means:

- 1- Centennial ratio.
- 2- The Mass .
- 3- Standard Deviation.
- 4- (T) for the independent samples.

## 3- View and Discuss the Results

### 3-1 View and discuss the results of defensive and offensive skills :

Table (2) shows the computational circles, standard deviations, and the percentage of the basic defense and offensive skills The successful and failed for the players of Al -Zawra Club

Skill	Successful			Failed		
	M	S.td	%	M	S.td	%
Handling	7.9	2.06	%61.4	3.5	1.6	%39.6
Dribbling	5.3	3.2	%54.2	4.1	2.7	%46.8
Scoring	2.8	0.5	%43.8	3.4	1.05	%56.2
Cut ball	5.3	1.6	%55.8	3.2	1.6	%45.2
Labia	3.3	1.2	%40.3	4.6	2.2	%59.7

Through TABLE (2) we find that the successful percentage of each of the handling of the handling amounted to (61.4%), the skill of rolling Make elaborate passes forward to create scoring attempts with balance and restore hatred in the center regions that lead to scoring goals (Lece Raid: 2004: 53)

Table (3) It shows the computational circles, standard deviations, and the percentage of the basic defense and offensive skills Successful and failed for the port players

Skill	Successful			Failed		
	M	S.td	%	M	S.td	%
Handling	5.9	3.3	%52.7	4.4	1.05	%47.3
Dribbling	3.6	1.7	%51.2	2.09	0.88	%48.8
Scoring	1.7	0.66	%33.8	4.8	1.3	%66.2
Cut ball	4.6	1.72	%52.2	5.3	3.2	%47.8
Labia	3.8	1.1	%38.2	4.9	3.6	%61.8





Through the Table (3) we find that the successful percentage of each of the handling of the handling reached (52.7%), the skill of the rolling (51.2%) and the skill of cutting the ball (52.2%) through the percentage, as it did not rise to the level required for the players the excellent degree where the ability and control over the ball And the slow movement of the players, that rushing to cut the ball gives priority to the competitor to cross as well as the lack of accuracy in cutting the ball means the continuation of the attack and the registration of its injury (Zulfiqar Saleh & others: 2017: 63)

### 3-2 View and discuss the results of the differences of defense and offensive skills

Table (4) shows the calculations, standard deviations, and the value (T) calculated for defense and offensive skills Successful between Al -Mina and Al -Zawra Club

Skill	Al -Zawra Club		Al -Mina Club		T COULECTD	Sig
	M	S.td	M	S.td		
Handling	7.9	2.06	5.9	3.3	4.3	Moral
Dribbling	5.3	3.2	3.6	1.7	3.5	Moral
Scoring	2.8	0.5	1.7	0.66	1.6	Non moral
Cut ball	5.3	1.6	4.6	1.72	0.99	Non moral
Labia	3.3	1.2	3.8	1.1	0.56	Non moral

Through Table (4), we find that the values of both handling and rolling skill are greater than the (T.) tabular value (2.9) at a degree of freedom (4) and the level of significance (0.05) and for the benefit of the Al -Zawra club team. The researcher explains this moral result that the players of Al -Zawra Club They have the field experience and practiced through the repetitions of training with diversification in the use of more than one tactic, because most of them are the players of the Iraqi team. 2010: 273)

### 4- Conclusions and Recommendations:

#### 4-1 Conclusions

The most important conclusions reached by the researcher:

1- Not to master the basic skills of most of the players of the two teams, and this is an indication that the team's tactical plans are not implemented.



2- Performing performance of two skills (scoring- shaving) by the midfielders of the port and Zawra clubs.

3- Weak use of complex skills in receiving and rapid delivery to implement the team's tactic.

#### 4-2 Recommendations

1- Emphasizing the skill side through training and using small circles to increase repetitions and rapid connection.

2- Increase the move, receipt and rotation exercises and integrate them with the plans.

#### Appendix (1)

**Stadium/  
Date /**

**Analysis form  
match /**

PLAYER NO	Handling		Dribbling		Scoring		Cut ball		Labia	
	successful	Failed	successful	Failed	successful	Failed	successful	Failed	successful	Failed

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