



## INSTITUTIONAL GOVERNANCE AND ITS RELATIONSHIP TO DECISION - MAKING IN ACHIEVING QUALITY AND EXCELLENCE AMONG THE DEANS OF THE COLLEGES OF PHYSICAL EDUCATION AND SPORTS SCIENCE

Dr Siham Hammood Sabit

General directorate of Education/ Basra / Ministry of Education

Siham.h.sabit@gmail.com

Dr. Khelood Hameed Abbas

General directorate of Education / Baghdad/ Ministry of Education 2022

kheloodhameed@yahoo.com

### Abstract

The research extract is that institutional governance is considered one of the most important and most important modern topics for the various educational and educational institutions, and it has been developed among its priorities, due to its importance in reforming curricula (administrative and technical, educational and educational, developing organizational environments, activating the performance of deans and workers), and highlights the importance of the research The fact that institutional governance is one of the topics that activate and improve performance, and the research problem was represented through the following question what is:- (institutional governance and its relationship to decision-making in achieving quality and excellence among the deans of the colleges of physical education and sports science ), and the research aims to identify a relationship Institutional governance to make decisions to achieve quality and excellence among the deans of the colleges of physical education and sports science. The descriptive curriculum in the style used the correlation of relations to suit the nature of solving the research problem identified the research community and sample with the deans of the colleges of physical education and sports science, which numbered (23) dean, and the research sample was chosen in the intentional way, and statistical data was processed by using the statistical bag (SPSS) and the research concluded that Institutional governance is related to decision -making, which leads to an improvement in the supervisory environment, so that it includes the moral rules that in turn do regulatory governance at the internal level of the College of Physical Education and Sports Science, which has a positive impact on internal control and decision -making systems with integrity and honesty, and the research recommends the



development of organizational environments (colleges Physical Education and Sports Science) through its relationship to the procedures and procedures of administrative reform, which is one of the important elements in the governance system that contributes to controlling work and directing operations towards success and continuous development, and working to achieve quality and excellence in performance by choosing appropriate and effective methods to achieve the plans and goals of the institution And control relations between the basic parties that affect performance .

Key words: institutional Governance ; Decision –Making ; Achieving Quality And Excellence

### **1 -1 Introduction and Importance of Research:**

Institutional governance is one of the most important and most important modern topics for the various educational and educational institutions, and it has been developed among its priorities, due to its importance in reforming curricula (administrative and technical, educational and educational, developing organizational environments, and activating the performance of deans and workers), through its relationship to new work mechanisms and procedures Administrative and technical, by strengthening its role in managing the colleges of physical education and sports science, in addition to following up and monitoring the application and implementation of strategic plans, and emphasizing the role of transparency and disclosure in setting the internal and external determinants that serve the public interest. Thus, institutional governance is the cornerstone of the development, improvement and development of the work of the colleges of physical education and sports science, and it has won a great deal of attention and care from the deans and workers in these colleges, especially the higher, middle, control and follow -up authorities, because of the challenges and threats that are afflicted In its primary role in achieving its desired goals, it seeks through its goals to improve and raise the efficiency of performance of these colleges, and to set regulations and instructions to reduce obstacles. And institutional governance in the colleges of physical education and sports science is the use of rational institutional management method through a set of laws, systems, controls and decisions, which aim to achieve quality and excellence in performance and continuous improvement, and excellence by choosing appropriate and effective methods, to achieve drawn plans and strategic goals specified for colleges Physical education and sports



science, and the strategy here the system that follows through the existence of systems and mechanisms that govern relations between the basic parties that affect performance, and include the elements of strengthening colleges in the long run, identifying the official and forming the relationship between the interactive parties represented (the ministry, universities, colleges, and multiple departments ).

Here, institutional governance involves all these parties in the Ministry of Higher Education in the decision -making process, that is, the decision is not limited to a specific group, as it seeks to ensure the efforts of the administration that focuses to preserve the higher interests of workers and students, and reach the highest levels of competence in the work, and aims to Ensure that the colleges of physical education and sports science are managed in a proper way, and they are subject to control, follow -up and accountability. Here, the importance of research arises as institutional governance is one of the subjects that activate and improve performance, to which the colleges of physical education and sports science in universities seek to the highest possible level, as it is reflected in being based on a system, according to which all works are subject to a group of (Laws, regulations, instructions, decisions), which aim to achieve quality and excellence in performance by choosing appropriate and effective methods, to achieve the plans and goals of the educational and educational institution, and to control relations between the basic parties that affect performance, in addition to visiting knowledge, with governance and mechanisms systems Its application, through a package of (laws, rules), which leads to transparency and the application of the law to reach the expected results.

### **1-2 Research Problem:**

The challenges and threats facing the colleges of physical education and sports science in universities, which have become greatly affecting their administrative and technical performance in general and educational and educational performance in particular, and among these challenges and threats, what is external related to systems, controls and instructions, and the nature of the relationship with supervisory authorities, follow -up and supervision, The college cannot control it, including what is internal appears through the conflict of interests between the administration and the workers in the college or the department, and it can reach problems between them, and from here it is possible to formulate the problem of the research through the following question what is:-



(Institutional governance and its relationship to taking The decision to achieve quality and excellence among the deans of the colleges of physical education and sports science).

### **1 -3 Research Objective:**

- 1- Building a measure of institutional governance and its relationship to decision-making in achieving quality and excellence among the deans of the colleges of physical education and sports science.
- 2- The number of decision-making scale in achieving quality and excellence among the deans of the colleges of physical education and sports science in universities.
- 3- Learn about the relationship of institutional governance to take the decision to achieve quality and excellence among the deans of the colleges of physical education and sports science.

### **1-4 Research fields:**

- 1-4-1 Human field:-It is represented by the deans of the colleges of physical education and sports science
- 1-4-2 Time field:-From the period (15/7/2021) to (20/11/2021).
- 1-4-3 Spatial field:-Faculties of physical education and sports science.

### **1-5 Determination of Terms:**

- 1-5-1 Institutional Governance:- It is known by (Hussein; 2006). By:- A system by which the activity of institutions is subject to a set of laws, regulations and decisions that aim to achieve quality and excellence in performance by choosing appropriate and effective methods to achieve the plans and goals of the institution And control the relationships between the basic parties that affect performance.
- 1-5-2 Decision:-It is known (Maher; 2004), which is the tool of the manager through which he can practice administrative work within the institution where he decides what he should do? And when do you do it? And whoever makes it, as the more the manager's ability to make decisions, the more effective performance.
- 1-5-2 Quality:-It is known (Salam, Nahili; 2021) as it is the provision of the educational institution, the best performance by providing services, fulfilling them, lack of defects, and providing work in high quality to the beneficiary.



1-5-3 Excellence:-It is known (Al-Qaryouti: 2009) as the entrance to the focus on creative output as one of the inputs of creativity and is represented by the amount of ingenuity in performance

## **2- Research methodology and field procedures:-**

### **2-1 Research Approach: -**

The researchers used the descriptive approach to the categorical relationship to suit the nature of solving the research problem.

### **2-2 Community and Research sample:**

The research community and sample identified the deans of the colleges of physical education and sports science, which numbered (23) dean, and the research sample was chosen in the intentional way, and thus the percentage of the sample of the total community is (23) dean

### **2-3 Tools, devices & means used in the Research:-**

- 1- Arab and foreign sources.
- 2- International Information Network (Internet).
- 3- The assistant team.

### **2-4 scales used:**

#### **2-4-1 Institutional Governance Station:**

The institutional governance scale was built for deans, colleges, physical education and sports science, which includes (20) phrases, and are answered according to the gradual trio scale, which consists of three alternatives, namely (OK, neutral, non -agreed).

The highest degree in the scale is (60) degrees and less (20) degrees, and the hypothesis medium is (40) degrees and the scale is all its phrases in the positive direction, as the higher the degree in this scale, this indicates that the deans of the colleges of physical education and sports science are institutional governance, The less the degree, the direction is towards the weak possession of institutional governance.

#### **2-4-2 Decision-making scale:**

The decision -making scale was built for the deans of the colleges of physical education and sports science in universities, which includes (20) phrases, and are answered according to the gradual triangular Laker scale, which consists of



three alternatives (OK, neutral, non -agreed), the highest degree in size (60 The degree and less degree of (20) degrees, and the hypothesis medium is (40) degrees and the scale is all its phrases in the positive direction, as the higher the degree in this scale, this indicates improving good performance, and the less the degree indicates the poor performance.

### **2-5 Main Experience:**

The main experience was applied to the applied research sample (23) Dean on (8/8/2021), as the measure of institutional governance and the decision -making scale was distributed to the sample with the need to emphasize the laboratory by answering one alternative during the development of ( $\sqrt{}$ ) Imam of the alternative that He finds it appropriate, and after the laboratories finished the answer, the questionnaires were collected and audited. It has been shown that all the questionnaires are fully answered, and by collecting the degrees of alternatives for each phrase, they ultimately represent the total scale degree in order to statistically address them using the appropriate statistical means.

### **2-5 Statistical Means:-**

Statistical data was processed using the statistical bag (SPSS), and in the following laws:

- 1- The percentage.
- 2- The arithmetic medium.
- 3- Standard deviation.
- 4- Sprain factor.
- 5- T-Test test for one sample.
- 6- Person's correlation coefficient.
- 7- The hypothesis.
- 8- The contributing ratio.

### **3- Presenting, Analyzing & Discussing Results:**

3-1 Presenting the results of the two institutions of institutional governance, decision -making, analysis and discussion, as in the following table (1)



Table ( 1 ) Presenting the results of the two institutions of institutional governance, decision -making, analysis and discussion

Statistical	Institutional governance	decision -making
The number of sample	23	23
Arithmetic mean	44.125	44.718
Hypothesis	40	40
Deviation is normative	4.76	5.32
Skewness	0.048	0.578
T value the one sample	53.66	46.916
Highest value	34	56
less value	33	55

It is clear from Table (1), through the answers of the research sample, that the computational milieu of the institutional governance scale reached (44.125) and reached the hypothesis (40), the calculation of the decision -making scale, has reached (44.718) and reached the hypothesis (40) and since it is The mathematical milieu is greater than the hypothesis of the scales, because the two researchers attribute this to the fact that institutional governance draws and defines the strategic goals of the colleges of physical education and sports science, and is committed to setting practical procedures to follow up the application of approved disclosure policies, according to the requirements of the enforceable legislation and regulatory authorities, in order to improve quality and excellence from During the supervisory environment, it includes moral rules, integrity and honesty, and by improving the supervisory environment, whether internal or external for the colleges of physical education and sports science, which leads to improving the performance and distinction through the right decision -making, and the institutional governance does positively in making the right decisions for the sake Improving quality and excellence, with the availability of transparency, otherwise it is shouted that leads to raising the level of performance in educational and educational institutions, where (Mohamed Abdel Halim Omar: 2005) confirms the right Transparency, justice and protection of the rights of workers in the institution and this is done through the glory of rules, systems and controls aimed at achieving transparency and justice, and when governance is available in all transparency and disclosure, it raises the level of educational and



educational institutions, where he achieves transparency and justice and protect the rights of workers in the institution and this is done through the glorification of Rules, systems and controls aimed at achieving transparency and justice. (Muhammad Youssef : 2007)

Table (2) Shows Relationship between the measure of institutional governance and decision -making

SCALE	correlation coefficient	level error	Direction towards	Significance link
institutional governance	0.898	0.000	Extreme	MORAL
decision -making				
Moral at a significant level $\leq 0.05$				

As it becomes clear from Table (2) to the existence of a moral correlation between the scale (institutional governance and decision -making), as the correlation coefficient (0.898) and an error level (0.000) at the level of significance ( $< 0.01$ ), and this relationship is a positive direct relationship, and the two researchers attribute This is to the basic role of institutional governance in decision -making, and it is one of the most important roles that contribute to achieving the desired educational and educational goals, in order to achieve quality and excellence in the work of the colleges of physical education and sports science, through making and following the correct decisions, while determining the responsibilities and administrative tasks And ways to follow up on the executive departments, focus on the scope of supervision and follow -up, define priorities, arrange, manage, monitor them and mitigate obstacles, and the application of all laws and regulations subject to them that are in line with them, laying the foundations for making the right decisions, supervising the application of the strategy and working to evaluate them continuously and successfully, where he confirms ( The Investment Companies Union) by setting the policies necessary to implement institutional governance and adhere to internal controls and operations aimed at identifying and addressing the crises facing The Foundation, and the creation of an integrated framework for crisis management to measure and manage all aspects of crises, and ensure that all workers fully realize crises within their work environment and their personal responsibilities. (Faisal Mahmoud: 2009) confirms that it is a package of laws, regulations, instructions, procedures and moral frameworks aimed at achieving quality and excellence in the performance





of the institution, in order to follow the appropriate and effective methods and means, to implement plans and programs and achieve the desired goals of the highest quality and lowest cost.

3-2 shows the percentage of contribution and the value of the change in the field of institutional governance and the measure of decision -making

Table (3) The percentage of contribution and the value of the change in the field of institutional governance and the measure of decision -making

SCALE	Simple decline laboratories	contribution rates	amended contribution	Change precinct
institutional governance	0.898	0.805	0.725	9.02
decision -making				
Moral at a significant level $\leq 0.05$				

It was found from Table 3 Moral correlation relationship and trend (expense). The two researchers also attribute to the active role of institutional governance in decision -making in the colleges of physical education and sports science, in that improving quality and distinguished functional and administrative performance, so that opportunities in the external environment that are presented on it invest, and face the challenges they face, which leads to the exploitation of strengths in Its internal environment, and the treatment of shortcomings in the colleges of physical education and sports science, and works to develop administrative leadership qualities, and works to find the spirit of one team in teamwork, and works to develop plans for colleges in the light of public policy and their educational and educational goals, has the ability to predict the needs of colleges of physical education And the actual sport sciences in the material and human capabilities, has knowledge of organizational regulations and laws, which enables it to clarify the deans of the colleges of physical education and sports science, directs the deans during the development of their strategic and operational plans represented by (quarterly and annual) and discussing them, and depends on accurate and objective standards and work controls in evaluating the performance of the deans And he employs modern means in the evaluation of the deans in colleges, consulting the deans J decisions before making them and in the best way in the interest of colleges, and depends on the scientific foundations for making and making administrative decisions at the college level, and addresses problems that hinder the work and administrative and technical activities, where



(Fathi Muhammad Abu Nasser; 2008) However, improving outstanding functional performance is a rational scientific tool based on science and knowledge through institutional governance that works to protect and protect the institution and improve its performance and preserve the safety of its employees and address any deficiencies or defects that affect one of its sectors or to address any cause that may be causing Signs of a future crisis, and then the Foundation retains its vitality and continuation

#### **4- Conclusions and Recommendations:**

##### **4-1 CONCLUSIONS:**

- 1- That institutional governance is related to decision-making, which leads to an improvement in the supervisory environment, so that it includes the moral rules that in turn do control governance at the internal level of the College of Physical Education and Sports Science, which has a positive impact on internal control and decision-making systems of integrity and honesty.
- 2- In the presence of institutional governance, the foundations for decision-making are available by activating the framework of the governance of the educational and educational institution in order to improve the quality and outstanding performance.

##### **4-2 Recommendations:**

- 1- Developing organizational environments (Faculties of Physical Education and Sports Science), through their relationship to the procedures and procedures for administrative reform, which is one of the important elements in the governance system that contributes to controlling work and directing operations towards success and continuous development.
- 2- Working to achieve quality and excellence in performance by choosing appropriate and effective methods to achieve the plans and goals of the institution and control relations between the basic parties that affect performance
- 3- To follow the appropriate and effective methods and means to implement plans and programs and achieve the desired goals of the highest quality and the lowest cost



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### Appendix (1) Institutional governance scale

NO	phrase	Always	Sometimes	rarely
1	It draws and defines the strategic goals of the College of Physical Education and Sports Sciences at the university.			
2	It follows the steps for applying its principles at all administrative and technical levels.			
3	It sets a special plan to manage difficult crises according to the current situation.			
4	The executive management is affected by the powers of internal control in the exercise of administrative and financial control.			



5	It is committed to setting practical procedures to follow up on the application of approved disclosure policies in accordance with the requirements of the legislation in force and regulatory authorities.			
6	It discloses the expected crises, organizational structures and institutional governance policies.			
7	There is control over the effectiveness of institutional governance practices of the College of Physical Education and Sports Sciences at the university			
8	It makes decisions and follows them for basic tasks and jobs.			
9	Administrative responsibilities and ways to follow up for the executive departments are determined.			
10	It focuses on the supervisory scope and practical follow-up of the college.			
11	Providing and directing strategic plans to ensure the achievement of the desired goals.			
12	. Check the decision-making appropriately and optimally exploit its resources.			
13	Reducing crises related to the financial and administrative corruption facing the college.			
14	It dominates crises before they occur (monitoring plans or contracts based on incentives) and after their occurrence (audit and penalties).			
15	The priorities, their arrangement, management, monitoring are			
16	Applying all the laws and regulations subject to them that they are integrated with.			
17	. Laying the foundations for making decisions, which include acceptable crises, overseeing			
18	Leave the implementation and control matters of the lower administrative levels and to demonstrate its ability to solve crises and risks very effectively.			
19	The kidney response speed of changes in the business environment.			
20	It discloses the annual report on the main crises facing the College of Physical Education and Sports Sciences at the university.			
21	Determined, mitigating crises and reporting the management of strategic and operational crises.			
22	the application of the strategy, and working to evaluate it continuously and successfully.			



## Decision -making scale

NO	phrase	Always	Sometimes	rarely
1	It is based on decisions on transparency, justice and the protection of the rights of workers in the college.			
2	The decision is made by finding rules, regulations and controls aimed at achieving transparency and justice..			
3	The decision is taken based on controls, rules and structures, except for a perpetrator, which grants the right to hold the college administration accountable			
4	It works to fight unacceptable behaviors, whether in the administrative, financial or moral side.			
5	Individual decision -making techniques are used by the group.			
6	It develops,			
7	It stimulates the college workers and improves their performance and deepens confidence in the institution.			
8	The decision is made transparently in the accounting and financial review procedures to reduce and control corruption in the institution..			
9	The decision is taken, according to which colleges are directed and the achievement of its work and activities.			
10	It achieves neutrality and independence for all colleges workers at various regulatory levels..			
11	It reduces errors to the slightest possible amount and depend on the preventive controls that prevent errors and then avoid the costs of their occurrence			
12	Workers can stand on the administrative and financial performance of the college and its conditions.			
13	It works to establish the principle of accountability for senior management by building an organizational structure.			
14	. It reflects the principle of transparency, accountability and separation between tasks within the			
15	framework of establishing an effective system of regulatory controls and balances with the careful			
16	clarification the authorities and responsibilities of all levels.			
17	Ensure that experiences and qualifications are made up to workers with their job requirements.			
18	. It determines, clarifies and delegates powers and powers according to the administrative structure of the college			
19	Contributes to working and directing operations towards success and continuous development.			
20	Decision -making works to solve the problems that direct the college.			
21	advanced strategy that serves administrative and financial competence for the college.			
22	. improves and assists decision -makers such as deans and boards of directors to build an			
23	It proposes and generates all alternatives to solving problems and reduce disturbances by increasing			
24	Knowledge and experience for decision makers.			