



## A STUDY OF SOME SKILLS FOR THE OFFENSIVE DEPTH AND ITS RELATIONSHIP TO SCORING SKILL IN FOOTBALL

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### Abstract

The importance of the research in the researcher's attempt to study the skills of offensive depth and its role in implementing the scoring goals by accurately aiming at the goal and the links between the two skills and their requirements in timing and balance in scoring goals. In registration, the goals, so the researcher is involved in this research and the knowledge of the reasons and the goal of the research is to identify the impact of the skills of offensive depth and their relationship to the accuracy of scoring goals. As for the methodology of the research, the researcher used the descriptive approach.

In order to achieve the objectives of the research, some variables were taken to the skills of the offensive depth and tested on the players of the offensive depth of the port club, which were chosen in the premeditated way of (10) players and by (3) testing for each player, the results were extracted and tackled statistically, the results were presented, analyzed and discussed, according to the skills ( The speed with the burning ball and the accuracy of aiming at the goal, the speed with deception. Steering the faces and accuracy in aiming at the goal, jumping and strikes of the head with accuracy in aiming at the goal and through statistical results for success and failure to accurately aim at the goal following **conclusions:**

1- The low lineage in the accuracy of scoring goals.

2- Weakness in the skill performance of the skills (speed with hatred and accuracy of scoring, speed with deception, accuracy of head strikes).

The researcher recommends:

1-Emphasizing the skill side through individual training for the players of the offensive depth .

2-Exposing the players to an atmosphere similar to the atmosphere of the match, while increasing the repetitions in the accuracy of the scoring.



## **1 - Definition of Research:**

### **1-1 Introduction Research and importance:**

Sports achievements and various fields and individual groups and events have become in competition and conflict in order to reach the best sports achievements. This conflict has emerged through the great interest of workers in the field of sports training in studies and scientific research and the disclosure of the defects in the training process, its treatment and development that the attention of researchers, specialists and workers in it And the investment of science related to the preparation of the athlete in all aspects of physical, skill, planning, artistic and educational, and the football game is one of the important activities in the sports field. This game developed and occupied an advanced position and became the most popular in some countries the idea of foot is considered a wonderful mix of high artistic performance with a quick rhythm that It generates admiration and excitement among the audience, especially when scoring goals that are scored skillfully by the players, as well as the cases of offensive, individual and team defensive playing and to find the best ways to score goals in the narrow areas of the offensive depth on the one hand and the other side is the use of high defense methods by the opponent. From here, the team coaches must make exceptional efforts in the training magazine, and that the best choice for players in the offensive depth by the coaches must be under the requirements of skillful recipes that characterize the player, including speed, dawn, deception, head strikes, and accuracy of scoring in different conditions and building "on the foregoing, the importance of the research is evident Learn what the players possess from these characteristics and their association with the accuracy of scoring.

### **1-2 Research problem:**

The football team is an integrated system of physical and skillful capabilities and possessing basic principles for the game to score the victory, and this comes through scoring goals and this is not achieved indiscriminate The different situations and these urgent situations need to score goals through the players' possession of the skills of their dismissal are from the movement of the movement and this requires the rapid movement, deception, jumping and accuracy in aiming at the goal and through the knowledge and experience of the researcher in this field to go into this research to know some of the attacking skills for the players and its relationship Frequently scoring for the team.

**1-3 Research Aim:**

- Learn the impact of the skills of the offensive depth and its relationship to the skill of the scoring accuracy of football

**1-4- Research hypotheses:**

There is a relationship between the attacking skills of the players with the skill.

**1-5 Research fields:**

**1-5-1 Human field:** Almena players for the season (2021-2022).

**1-5-2 Time field:** 7 /4 /2022 - 15 /8/ 2022.

**1-5-3 spatial field:** Al -Mina Club Stadium.

**2-Research Approach and field procedures;****2-1 Research Approach:**

The research curriculum is the scientific way that the researcher leads to achieving the scientific and objective form of the situation, characteristic or phenomenon that the researcher increases its study and of course, the nature of the curriculum that is destroyed in the research has been used. , And the descriptive approach has been produced or approve His support, support, or proposal of new means and methods for the best (Muhammad Hassan Allawi &Osama Kamel Ratib: 1999).

**2-2 Research and sample community**

The goals set by the researcher and the procedures you use will determine the nature of the sample that he will choose Therefore, the research sample was chosen in the intentional way from the port players in the football club for the year 2021-2022, who numbered (10) players out of (20) players, with a percentage of (50%) of the original community. .

**2-3 tools and means used to collect information research:****2-3-1 tools used:**

1. Football field.
2. Football (4).
3. Measurement bar.
4. Time hour.
5. Sides
6. Whistle



## **2-4 Tests used in research:**

### **2-4-1 the speed test with the hands and score to goal: (Qasim Lazm: 2009)**

- The purpose of the test: measuring the speed with hatred and accuracy of correction.

Tools: Foot Hate

- Test procedure: From the standing position outside the penalty area by (20) AD, starting with the ball at the maximum speed and aiming at the penalty area on the goal

Calendar: Repetition (10)

### **2-4-2 Agreement test by using the person with score to goal.**

- The purpose of the test: measuring aging with speed and accuracy of scoring.

Tools used: destinations football.

- Test description: The laboratory stands outside the penalty area with (20) AD, the laboratory will start and pass the person towards the goal and upon reaching the penalty, he corrected the goal.

Conditions: The laboratory is given five consecutive attempts between them an appropriate rest period.

Registration: Sleepover and failed attempts are recorded.

### **2-4-3 Correcting test and accuracy of scoring:**

Test Name: Clipping and Classification Test in the head in the penalty area.

- The purpose of the test: Measuring the accuracy of scoring and heading the head on the target of different situations.

Tools used: football goal, football number (10).

- Performance method: The colleague strikes the ball from the side of the stadium into the penalty area and from the movement, the laboratory aims to the head on the goal.

- Registration: Sleepover attempts are recorded in all tests when the ball enters the goal and is failed when the ball is outside the two models and the existing degree, and the degree of testing is the degree of the player is the sum of successful attempts for each test separately.

## **2-5 Exploratory Experience:**

The researcher performed the exploratory experience on Monday on 7/4/2022 on a group of players consisting of (5) players from the excellent class players of



the Basra Oil Club outside the research sample where the aim of the experiment was:

1. Detecting the researcher's difficulties and obstacles while applying the test.
2. Emphasizing the organization of work between the researcher and the assistant staff in order to obtain accurate data.

### 2-6 Main Experience:

The researcher began scientific work with the research sample on Sunday, 15/8/2022. The researcher performed the skill physical tests on the research sample consisting of (10) excellent class players for the port club. Statistically to reach the test results.

**3-7 Statistical means:** The researcher used statistical means by using the SPSS statistical program.

### 4- View, analysis and discussion of the results:

**4-1 Presentation and discussion of the results of the skills of the offensive depth speed, deception and head strikes with football shooting.**

**Table No. (1)**

**Show mean arithmetic and standard deviations and value of the calculated (R) tabular of the skill of speed, deception, head goal and scoring on the goal.**

Tests	mean arithmetic	standard deviations	R collected	R Table	Sig
Scoring the goal of the speed	44	16.7	0.971	0.667	moral
scoring the with the head goal	18	0.75			
Scoring the goal of deception	53	11		2.21	moral

**\*Table (R) value under freedom (8) and a moral level (0. 05) equal to 0.667**

From table (1) it shows that the value of the mathematical medium for a test for its speed and correction on the target has reached (44) and with a standard deviation (16.7), while we find that the value of the mathematical medium for its skill of deception and scoring amounted to (18) and a deviation (0.75 ) To know the moral difference between the tests, the (R) test for the associated samples has



been used, as the value of the calculated (R) reached (0.971) and when compared to the (R) tabular value equal to (0.667) it was found that the value of the calculated (R) is greater than the schedule value and this means that it is moral the test. The researcher attributes the reason for this development to the nature of the game, which is characterized by movement and high speed of the rapid play variables that the player must make the utmost performance in order to overcome the opponent in quick and accurate moments and infected the goal at the right time when he has the opportunity and this comes through continuous training and similar circumstances For the match, and this is confirmed by (Qasim Lizam), "the player leads to a certain level of mastery of the scoring tactic for the real match, which is the result of some exercises to perform similar conditions" (Qasim lizam: 2010). And the goal of looking at the moment of scoring is one of the characteristics of the good player, and this is what (Zulfiqar Saleh) refers to, "One of the advantages of the player is the jurisprudence of scoring on the goal. Playing with the individual attack is the sentence of the movements by the player and his attempt to target and score goals result by mastering the skill of embarrassment, deception and scoring. The time of the attack, which is the opposite equivalent and the exploitation of the opponent's progress, and this is what (Abdel Hamid) refers to "The speed of playing with rapid running with a hatred relatively in attack from 4: 5 and the total time of the attack was average 12: 7 whenever the chances of scoring the target (Zulfiqar Saleh: 2017).

#### 4-2 Show and discuss the results, the skill of pivot shoot and Accuracy in scoring

**Table (2)**

**Show mean arithmetic and standard deviations and value of the calculated (R) tabular of the skill of pivot shoot and Accuracy in scoring**

Tests	mean arithmetic	standard deviations	R collected	R Table	Sig
Scoring the goal of the speed	44	16.7	0.632	0.425	moral
scoring the with the head goal	2.76	1.96			
Scoring the goal of deception	48	7		2.21	random

\* Table (R) value under the degree of freedom (8) and the possibility of a mistake (0.05) = 0.425 from



From of table (2), it shows that the value of the arithmetic medium to test the accuracy of the correction of the speed has reached (44) and with a standard deviation (16.7), while we find that the value of the arithmetic medium for the explosive power of the two men has reached (2.76) and with a standard deviation (1.96) To know the moral difference between the tests, the (R) test was used for the associated samples, as the value of the calculated (R) reached (0,632) and when compared to the (R) tabular value equal to (0.425) it was found that the value of the calculated (R) is greater than the gratitude of the gratitude and this It means the test.

The researcher attributes the reason that the skill of accuracy in its simple perspective is the control of the leadership movements and the direction of the act, and this needs to develop physical qualities in a balanced and parallel way with the speed, and this is achieved through continuous training. Focalin the nature of the performance is consistent with the requirements of the football, and we summarize it with interaction, coordination, accuracy, speed and higher expectation "(Youssef lazam and others: 2005). Through the accuracy tests in the header, the test is not legalized, the result of a good timing with the slow decision-making during the correction, which is the result of the player's lack of possession of compatibility and balance. From a speedy performance, deception, jumping of all kinds, and in all directions, "One of the basic principles is to consider before the moment of correction, and this moment is the separation in the perception and the correct expectation, adding to the repetitions in the training and the players were exposed to a similar atmosphere to the matches" (Essam Abdel Hamid: 2021).

## **5- Conclusions and recommendations:**

### **5-1 Conclusions:**

- 1- Lighting ratios in scoring, which is an indication of the weakening of the physical and skill of the players.
- 2- The presence of a moral correlation relationship in the results of the tests for its speed, deception and accuracy of scoring 3. The slow for the offensive depths in the embarrassment of the hatred and balance in the speed and accuracy in scoring



## 5-2 Recommendations:

- 1- Emphasizing the attention of the physical and skill attributes that raise the player's level in the accuracy of the scoring.
- 2.-Allocating training units, especially during exercise, with repetition of the accuracy of scoring goals.
- 3-Exposing the players to an atmosphere similar to the competence atmosphere during training.
- 4- Confirmation of the solo training of the offensive depth while developing its qualities for the play

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